

# **COMMUNITY CORRECTIONS ALTERNATIVE PROGRAM**

Operated at VADOC's Detention & Diversion Centers

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# PURPOSE

- VADOC is transforming its Detention and Diversion Center programs to bring them in line with current evidence-based practices.
- The changes will provide enhanced, individualized services for offenders on probation and better meet the needs of the sentencing courts.

# HISTORY

- Detention and Diversion centers were created in 1995 along with our Bootcamp Program which was for younger offenders.
- The general model for these facilities was based on military style regimen, coupled with remedial education, life skills and education.
- Boot Camp closed 2002
- Chatham Diversion and White Post Diversion Closed

# HISTORY

- At our peak of operation VADOC had 930 beds dedicated to Detention and Diversion Programs....today we have 523 beds available in 5 programs.
- Our objective was to identify non-violent felon offenders who needed more than regular probation but less than incarceration.
- All participants were technically probationers so if they did not comply with the program requirements they would be arrested on PB-15 and returned to court.

# PROGRAM EVALUATION

In 2013, as a part of a Justice Reinvestment Initiative, the programs were evaluated by the Council for State Governments to determine effectiveness.

## Findings:

- Programming not sufficient to change behavior
- Groups not using evidence based practices
- Talking cures being used instead of sound practices
- Emphasis on sanctions rather than balance with positive behavioral reinforcements
- Acquisition of proven skills and pro-social thinking were not requirements of graduation
- Programming lacking fidelity

# PROGRAM EVALUATION

## Most Important Findings:

- Over 40% of the population sentenced to the program was low risk to reoffend
  - ❖ EBP Principle: Don't mix Low risk and High Risk Offenders in program!
  - ❖ EBP Principle: Don't use intensive resources on Low risk offenders!
- 45% of Low risk offenders were rearrested within 2 years of release.
- 65% of High risk offenders were rearrested within 2 years of release.

# INTERNAL EVALUATION

- In repeated internal studies, graduates of Detention and Diversion Centers did not perform as well as control groups sentenced to jail or prison.
- Overall Detention and Diversion Center Graduates' two year re-arrest rate was 51.9% compared to 48.6% for the Jail Control Group and 46.4% for the Prison Control Group.
- Overall Detention and Diversion Center Graduates' three year re-arrest rate was 59.9% compared to 56.9% for the Jail Control Group and 54.9% for the Prison Control Group.

# INTERNAL EVALUATION

How do these programs compare to other facilities relative to cost?

- Work Centers Per Capita Cost = \$20,960
- Field Units Per Capita Cost = \$27,611
- Major Institutions Per Capita Cost = \$29,416
- Detention and Diversion Center Per Capita Cost = **\$31,722**

*Source: VADOC FY2016 Management Information Summary Report*



# WHY CHANGE?

- We want programs that reduce crime in our communities!
- We want to be good stewards of tax payers dollars!
- We want our employees to perform services that are effective!
- We want our courts and other critical stakeholders to have confidence in our treatment services!

# WHAT WILL REMAIN THE SAME

- Probation Officers will continue to coordinate the referral process and complete initial screening requirements
- Daily operations & facility structures will remain the same.
- Offenders will continue to be held accountable; if needed, they will receive institutional charges.
- Offenders are expected to communicate with staff and others in a professional manner.
- Offenders will continue to have opportunities to perform community service and/or work in the community

# NEW ELEMENTS OF CCAP

- Centralized Referral Unit
- Enhanced Programming to address individual risk, needs, and responsivity issues
- Program completion based on meeting minimum treatment dosage requirement for identified needs
- Expanded target population

# CENTRALIZED REFERRAL UNIT

- All referrals will be processed through a central unit in Richmond
- Acceptance into CCAP and program assignment (to which Facility) will be based on individual risk, needs and responsivity
- Referral unit will oversee any transfers between CCAP facilities that become warranted to better meet treatment needs or noncompliance issues

# ENHANCED PROGRAMMING

- Core programming at all facilities
  - Substance Abuse
  - Cognitive Behavioral Treatment
  - Vocation/Education
- Intensive Substance Abuse Treatment
- Intensive Cognitive Behavioral Treatment

# DOSAGE REQUIREMENTS & PROGRAM COMPLETION

Offenders assessed to have moderate treatment needs must complete a minimum of 200 core treatment hours for successful program completion (approx. 22 - 28 weeks)

- Stafford Detention & Diversion Center
- Harrisonburg Detention & Diversion Center
- Chesterfield Women's Detention & Diversion Center

# DOSAGE REQUIREMENTS & PROGRAM COMPLETION

Offenders assessed to have high treatment needs for Substance Abuse Treatment and/or Cognitive Behavioral Treatment must complete a minimum of 300 treatment hours for successful program completion (approx. 42 - 48 weeks)

- Cold Springs Detention & Diversion Center (Intensive Substance Abuse)
- Appalachian Detention & Diversion Center (Intensive CBT)
- Chesterfield Women's Detention & Diversion Center (SA & CBT)

# EXPANDED TARGET POPULATION

- More inclusive medical admission criteria paired with increased medical coverage and treatment at all facilities
- Acceptance of offenders with mild mental illness at all facilities



# CCAP

Appalachian Detention & Diversion Center

Stafford Detention & Diversion Center

Cold Springs Detention & Diversion Center

Harrisonburg Detention & Diversion Center

Chesterfield Women's Detention & Diversion Center



# APPALACHIAN DETENTION & DIVERSION CENTER

**Specialization: Intensive Cognitive Behavioral Treatment**

**Dosage: 300 treatment hours (approx. 42 - 48 weeks)**

**Capacity: 106 beds**

## Core Programming:

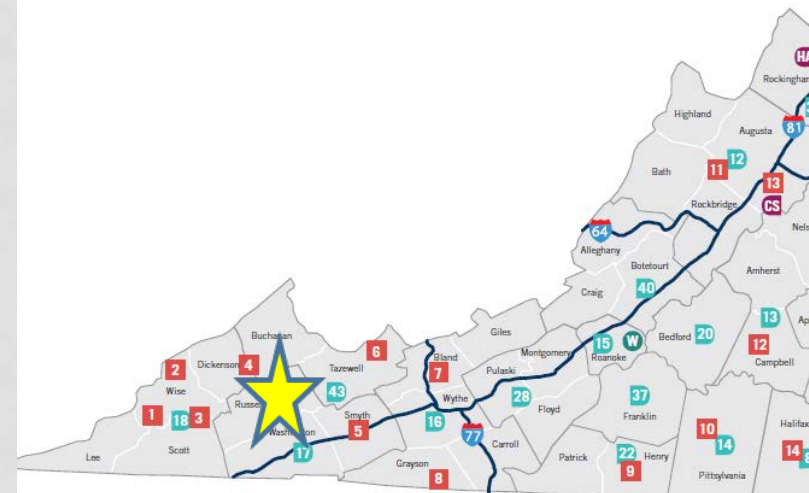
Substance Abuse Treatment

Vocation/Education

Basic Computer training

Welding

Masonry



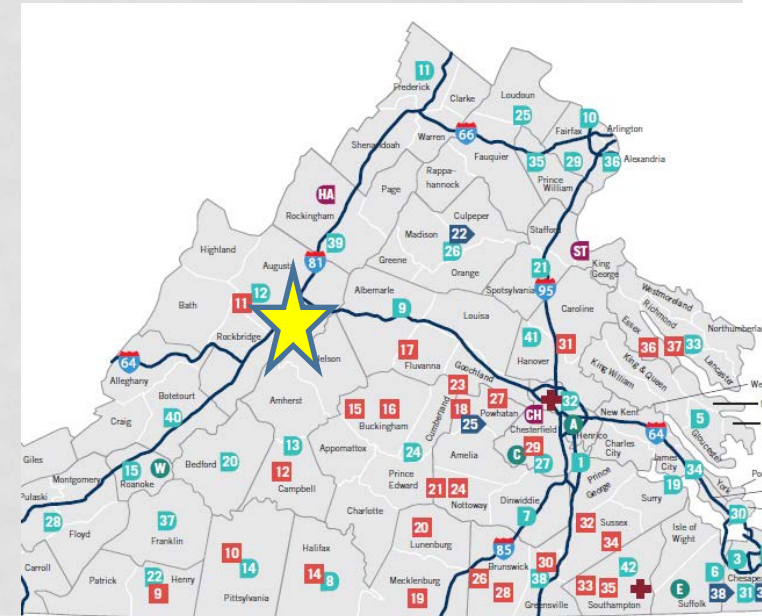
# COLD SPRINGS DETENTION & DIVERSION CENTER

Specialization: Intensive Substance Abuse Treatment

Dosage: 300 treatment hours (approx. 42 - 48 weeks)

Capacity: 84 beds

Core Programming:  
Cognitive Behavioral Treatment  
Vocation/Education



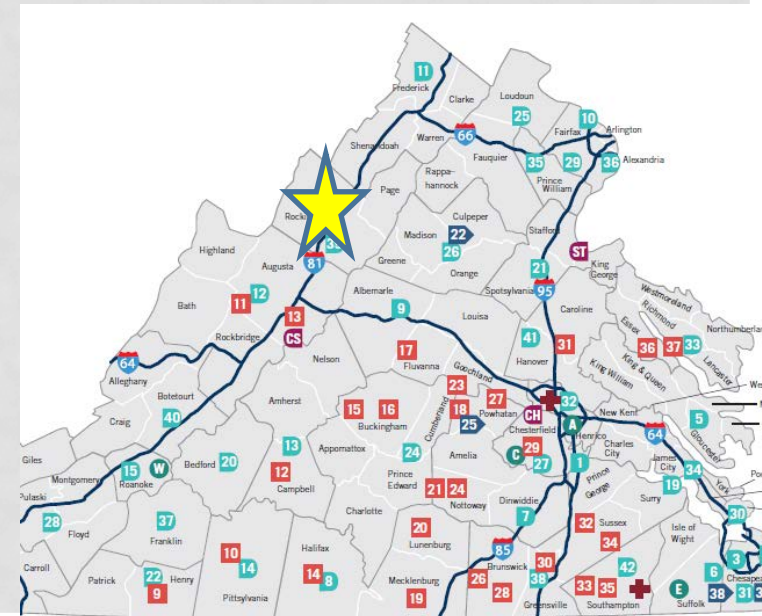
# HARRISONBURG DETENTION & DIVERSION CENTER

Core Programming with a secondary work component

Dosage: 200 treatment hours (approx. 22 - 28 weeks)

Capacity: 125 beds

Core Programming:  
Cognitive Behavioral Treatment  
Substance Abuse Treatment  
Vocation/Education



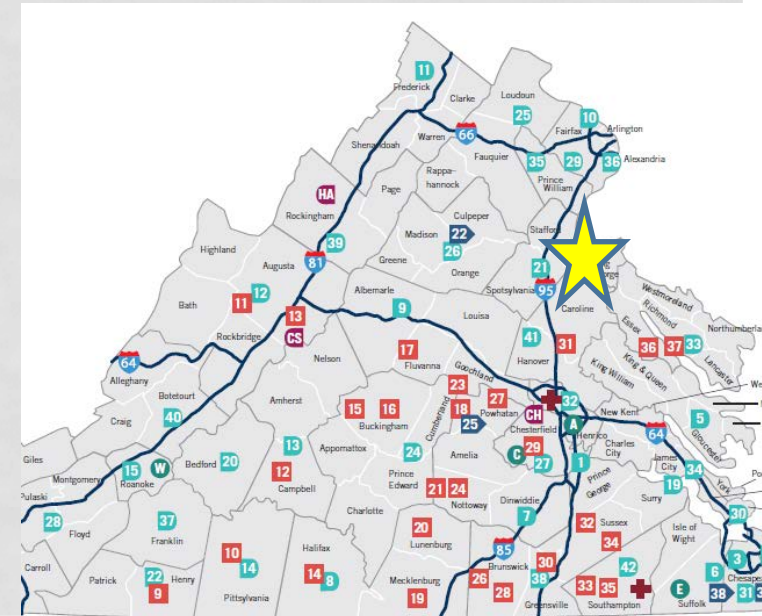
# STAFFORD DETENTION & DIVERSION CENTER

Core Programming with a secondary work component

Dosage: 200 treatment hours (approx. 22 - 28 weeks)

Capacity: 116 beds

Core Programming:  
Cognitive Behavioral Treatment  
Substance Abuse Treatment  
Vocation/Education



# CHESTERFIELD WOMEN'S DETENTION & DIVERSION CENTER

Multiple treatment tracks:

1. Intensive Cognitive Behavioral Treatment

Dosage: 300 treatment hours (approx. 42 – 48 weeks)

2. Intensive Substance Abuse Treatment

Dosage: 300 treatment hours (approx. 42 – 48 weeks)

3. Core programming with a secondary work component

Dosage: 200 treatment hours (approx. 22 – 28 weeks)

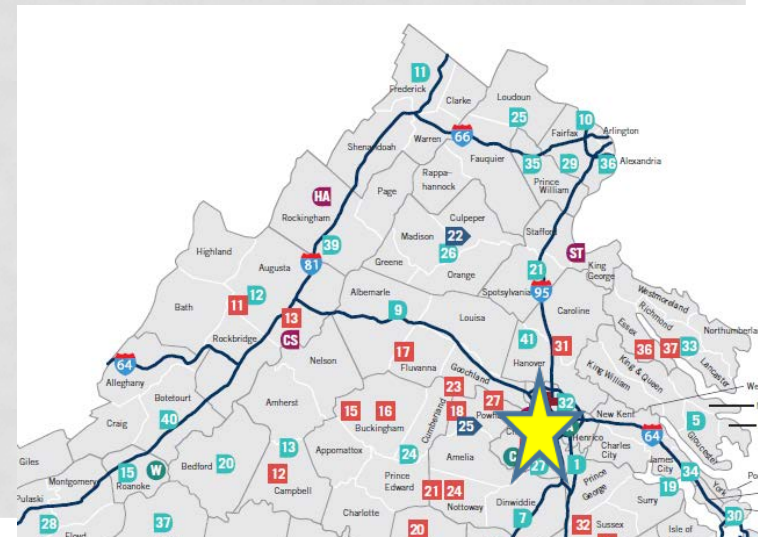
Capacity: 160 beds

Core Programming:

Cognitive Behavioral Treatment

Substance Abuse Treatment

Vocation/Education



# BENEFITS OF CCAP

- Better meet the needs of the sentencing courts
- Enhance level of programming to address driving factors that lead to criminal behavior
- Changes are in line with current research
- Improve communication between referring districts and facilities to enhance re-entry efforts
- Reduce co-mingling of high and low risk offenders
- Provides flexibility to modify length of stay based on treatment responsiveness
- Central referral unit will free staff from administrative screening of referrals, creating more time to provide programming and address probationer needs

**QUESTIONS?**